

SILDENAFIL AND WHAT ELSE?

BRATTBERG A, HULTER B

Case reports on treatment outcome in seven men with multiple Sclerosis and sexual dysfunction.

Aim: The aim of these case reports is to present the effects of treatment with sildenafil as well as placebo on sexual functioning in men with a diagnosed multiple sclerosis.

Subjects and Method: The patients reported took part in a 12 weeks double-blind, placebo controlled study of sildenafil, followed by an open study lasting until sildenafil became commercially available - an option that was accepted by all participants. Seven patients were included, with a mean EDSS score 3.75 (range 1.5 - 6). All had erectile dysfunction.

Results: Three men got active drug, four placebo. As investigators we easily identified who got what during the blind study period, and so did the men themselves. The optimal dose was 50 mg in 3 cases and 100 mg in the

remaining four. All seven were very satisfied with the effect of sildenafil on their erection. The side effects were none or mild, and well tolerated.

This excellent effect is in accordance with other studies on men with M S.

To illustrate the complexity of the sexological situation behind this "excellent effect", two of the cases on active drug will be presented in detail. We exclude the third one because his partner did not want to participate and contribute to the study with her (optional) data.

CORRESPONDENCE

Sexology Unit
Neurocenter
University Hospital
SE-751 85 Uppsala, Sweden
axel.brattberg@nc.uas.lul.se
birgitta@hulter.cc